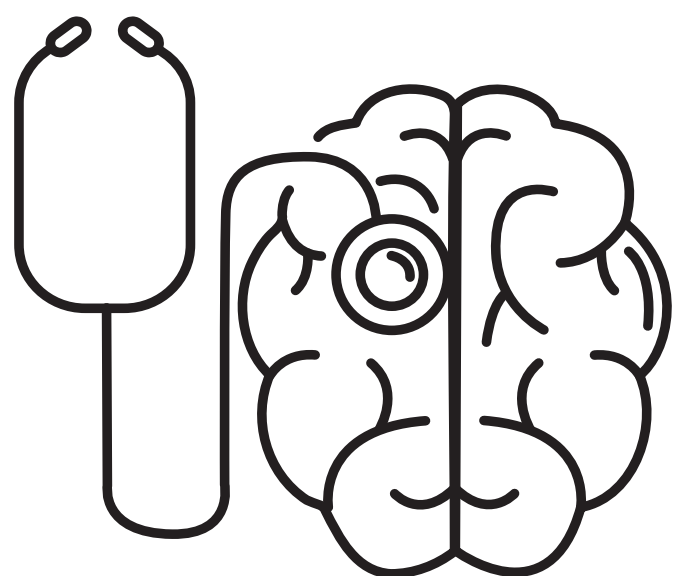




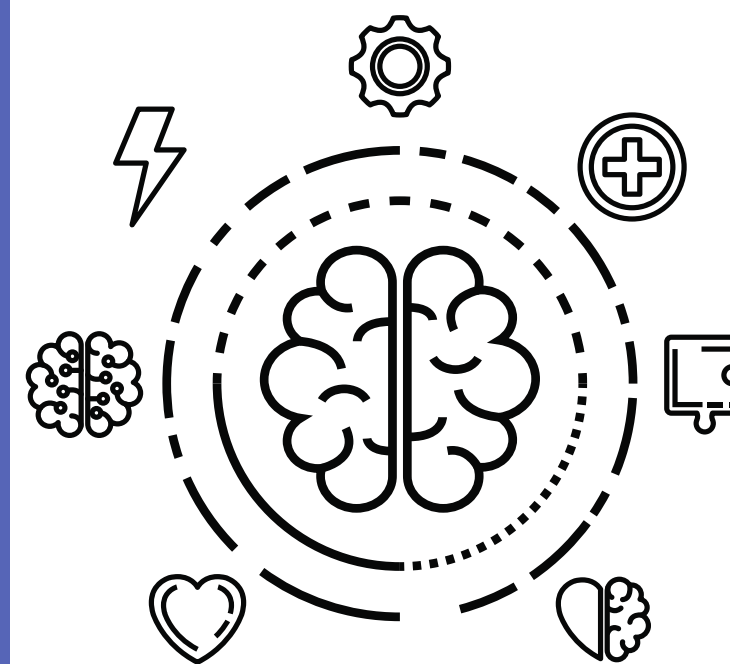
BRAIN INJURIES AND MENTAL HEALTH: FAST FACTS

While still under-researched, the relationship between **brain injury** and **mental health** is very strong. In some cases, a brain injury is an entirely separate issue to mental health. But, we also know that a brain injury can lead to *new* mental health issues developing, and *existing* mental health issues can make brain injury symptoms worse.



Some symptoms caused by a brain injury are also typical for different types of mental health disorders. If a mental health issue or disorder is already present for an individual, a brain injury can make those symptoms worse.

Nearly half of all people with a TBI are affected by depression within the first year after injury. Nearly two-thirds are affected within seven years after injury. More than half the people with a TBI who are depressed also have significant anxiety.



FOR MORE INFORMATION:

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